

Breathe Into Me

Israel Houghton

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Integrity's Praise Music, Sound of the New Breed

Only You take my breath away.
Only You take my breath away.
Only You take my breath away,
and You breathe new life into me.

So breathe into me,
so breathe into me,
so breathe into me,
once again...

Only You take my breath away.
Only You take my breath away.
Only You take my breath away,
and You breathe new life into me.

Psalm 66:5 *“Take a good look at God’s wonders – they’ll take your breath away.”*
The Message¹

What part of “God’s wonders” takes your breath away? Why does it cause this reaction?
Take some time to contemplate these, then thank God for such gifts.

Psalm 104:30 *“When You send out Your breath, life is created and the face of the earth is made beautiful and is renewed.”*
The Voice Bible²

Have you ever felt God breathe new life into you? Describe that time. How did it make you feel?

Romans 10:15b *“That’s why scripture exclaims, a sight to take your breath away! Grand processions of people telling all the good things of God!”* The Message¹

What “good things of God” can you tell about? Who can you tell? Will you tell?

So breathe into me,
so breathe into me,
so breathe into me,
once again...

Genesis 2:7 *“God formed man out dirt from the ground and blew into his nostrils the breath of life. The man came alive – a living soul!”* The Message¹

John 20:19b-22 *“Jesus entered, stood among them, and said ‘Peace to you.’ Then He showed them His hands and side. The disciples, seeing the Master with their own eyes, were awestruck. Jesus repeated His greeting: ‘Peace to you. Just as the Father sent me, I send you.’ Then He took a deep breath and breathed into them. ‘Receive the Holy Spirit,’ He said.”* The Message¹

Why do you think Israel Houghton included the line “once again”? What does it mean to you that Jesus breathed the Holy Spirit into the disciples that day? Can that still happen today? Why do you feel that way? Has it ever happened to you? If you answered yes, describe that time. If you answered no, what could having the Holy Spirit breathed into you feel like? Can you ask God to do that for you now?

**“With Your very own hands You formed me;
Now breathe Your wisdom over me so I can understand You.”**
Psalm 119:73 The Message¹

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